

WASTED

WASTED (Carrie Underwood)

From the album "Some Hearts"

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Intermediate

CONCISE DANCE PATTERN

INTRODUCTION: 24 counts after beginning: Start on vocals.

24 Count Introduction (talk to your neighbor, tie your shoe, look busy, but count!)

PART A

- 2 – Joeys
- 2 – Triples
- 2 – Rocking Chairs
- 2 – Push Offs

REPEAT Part A

- 2 – Joeys
- 2 – Triples
- 2 – Rocking Chairs
- 2 – Push Offs

CHORUS

- 1 - Ida Red
- 4 – Double Steps
- 4 – Steps
- 4 – Touch Ups
- 2 – Fancy Doubles

PART A (Once Only)

- 2 – Joeys
- 2 - Triples
- 2 – Rocking Chairs
- 2 – Push Offs

CHORUS—FIRST TIME

- 1 - Ida Red
- 4 – Double Steps
- 4 – Steps
- 4 – Touch Ups
- 2 – Fancy Doubles**

CHORUS-2nd TIME

- 1 – Ida Red
- 4 – Double Steps
- 4 - Steps
- 4 – Touch Ups
- 2 - Cowboys**

BREAK

- 1 – Petticoat (Start with Left Foot)
- 2 - See Saws (1st See Saw on Right Ft)
- 1 – Petticoat (Start with Right Foot)
- 2 – See Saws (1st See Saw on Left Ft)

- 2 – Kick to the Right

CHORUS – FOUR TIMES

- 1 - Ida Red
- 4 – Double Steps
- 4 – Steps
- 4 – Touch Ups **$\frac{3}{4}$ Turn each time**
- 2 – Fancy Doubles

WASTED

Step Descriptions

Joey

OTS XIB OTS OTS XIB OTS OTS
Dbl Ball Ball Ball Ball Ball Step
L L R L R L R Left
&a1 & 2 & 3 & 4

All steps are on the balls of your feet, like jogging, except you STEP (flat foot) on Count 4.

Triple

DS DS DS RS
L R L RL
&a1 &a2 &a3 &4

Rocking Chair

DS Brush Heel DS RS
Left Right Left R LR
&a1 & 2 &a3 &4

Push Off (also known as Chain)

DS RS RS RS
Left RL RL RL
&a1 &2 &3 &4

Ida Red

Dbl (back) Heel Skuff Heel Dbl Ball Ball Skuff Heel TT Step RS DS Skuff Heel
Left Right Left Right L L R Left Right Left Left RL R Left R
&a 1 & 2 &a 3 & a 4 & 5 &6 &a7 & 8

Touch Ups

DS Touch Heel DS Touch Heel
Left Right Left Right Left Right
&a1 & 2 &a3 & 4

Fancy Double

DS DS RS RS
L R LR LR
&a1 &a2 &3 &4

Cowboy

move forward ½ turn on &4 move forward on 3 RS
DS DS DS Brush Heel DS RS RS RS
L R L R Left R LR LR LR
&a1 &a2 &a3 & 4 &a5 &6 &7 &8

WASTED

Petticoat

DS	Brush	Heel	Tch	Heel	Tch	Heel	Tch	Heel	Tch	Heel	Tch	Heel	Brush	Heel
Left	Right	Left	R	L	R	L	R	L	R	L	R	L	R	L
&a1	&	2	&	3	&	4	&	5	&	6	&	7	&	8

When you are doing the **FIVE TOUCHES**, think of the "Z" Pattern.

front **1 - 2** out **3**



back **4** out **5**

See Saw

DS	Skuff	Heel	TT	Heel	Skuff	Heel
Left	Right	Left	Right	Left	Right	Left
&a1	&	2	&	3	&	4

Kick to the Right

DS	Dbl Kick/Heel	ots	xib	ots	Skuff	Heel	
Left	Right	R/L	R	L	R	L	R
&a1	&a	2	&	3	&	a	4

NOTE: The kick to the right is a straight legged kick to the side.