

BLUE RIDGE MOUNTAIN BLUES

Artist: The Rosinators
Choreo Rosellen Kerr Sheetz.
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Tempo: 104 Beats Per Minute **Time:** 2:22 minutes
Level: Basic **Wait:** 8 Beats Left Foot Lead
Order: A Chorus A Chorus B Chorus Chorus

PART A (32 beats)

1 – Traveling Triple (move to left)
 2 – Basics
 1 – Traveling triple (move to right)
 2 – Basics
 1 – Slur Brush (move left)
 2 – Basics
 1 – Slur Brush (move right)
 2 – Basics

CHORUS (32 beats)

1 – Pushoff (Chain) Left
 2 – Basics
 1 – Pushoff (Chain) Right
 2 – Basics
 2 – Mountain Basics (turn ½ left)
 1 – Triple Kick (move forward)
 1 – Triple (move back)

PART A (32 beats)

1 – Traveling Triple (move to left)
 2 – Basics
 1 – Traveling triple (move to right)
 2 – Basics
 1 – Slur Brush (move left)
 2 – Basics
 1 – Slur Brush (move right)
 2 – Basics

CHORUS (32 beats)

1 – Pushoff (Chain) Left
 2 – Basics
 1 – Pushoff (Chain) Right
 2 – Basics
 2 – Mountain Basics (turn ½ left)
 1 – Triple Kick (move forward)
 1 – Triple (move back)

PART B (32 beats)

1 – 4 Count Vine (move left)
 1 – Rocking Chair (1/4 left on brush)

Repeat above 3 more times to return to front.

CHORUS (32 beats)

1 – Pushoff (Chain) Left
 2 – Basics
 1 – Pushoff (Chain) Right
 2 – Basics
 2 – Mountain Basics (turn ½ left)
 1 – Triple Kick (move forward)
 1 – Triple (move back)

CHORUS (32 beats)

1 – Pushoff (Chain) Left
 2 – Basics
 1 – Pushoff (Chain) Right
 2 – Basics
 2 – Mountain Basics (turn ½ left)
 1 – Triple Kick (move forward)
 1 – Triple (move back)

STEP DESCRIPTIONS

TRAVELING TRIPLE

	XIF	OTS		
DS	DS	DS	RS	
L	R	L	RL	
&a1	&a2	&a3	&4	Repeat opposite footwork

BASICS

DS	RS	
R	LR	
&a1	&2	Repeat opposite footwork.

SLUR BRUSH

	XIB	XIB	OTS		
DS	Slur	Step	DS	Brush	Heel
L	R	R	L	R	L
&a1	&	2	&a3	&	4

Repeat opposite footwork.

PUSH OFF (Chain)

DS	RS	RS	RS
L	RL	RL	RL
&a1	&2	&3	&4

Repeat opposite footwork.

MOUNTAIN BASIC

		½ Left		
Stomp	Dbl	Heel	DS	RS
L	R	L	R	LR
1	&a	2	&a3	&4

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TRIPLE KICK FORWARD

(MOVE FORWARD)

<u>DS</u>	<u>DS</u>	<u>DS</u>	<u>KICK</u>	<u>HEEL</u>
L	R	L	R	L
&a1	&a2	&a3	&	4

TRIPLE BACK

(MOVE BACKWARD)

<u>DS</u>	<u>DS</u>	<u>DS</u>	<u>RS</u>
R	L	R	LR
&a1	&a2	&a3	&4

4 COUNT VINE

OTS	XIF	OTS	XIB
<u>DS</u>	<u>DS</u>	<u>DS</u>	<u>DS</u>
L	R	L	R
&a1	&a2	&a3	&a4

ROCKING CHAIR

1/4 LEFT

<u>DS</u>	<u>Brush</u>	<u>Heel</u>	<u>DS</u>	<u>RS</u>
L	R	L	R	LR
&a1	&	2	&a3	&4

Abbreviations:

Br = Brush
Dbl = Double
DS = Double Step
H = Heel
K = Kick
RS = Rock Step
S = Step
Sto = Stomp

L = Left
R = Right

OTS = Out to Side
XIB = Cross in Back
XIF = Cross in Front