

# FAT MOUNTAIN

**Artist:** Russ Barenberg  
**Song/Album:** Fat Mountain When at Last – CD – Track 2  
**Original Choreo:** Shirley Smith Stompin' Cowboys Dance Club Victoria, Australia  
**Modified by:** Cindy Flood for the Copper Country Cloggers [cflood@hughes.net](mailto:cflood@hughes.net)  
**Edited by:** Mark Roberts [mroberts@mtu.edu](mailto:mroberts@mtu.edu)  
**Level:** Intermediate  
**Tempo:** 108 Beats per Minute **Time:** 3:49 Minutes  
**Wait:** 8 Beats Left Foot Lead  
**Order:** A B A C D E A B E C A C

## PART A (32 beats)

1—Whip 'n Rock  
2—Rocking Chairs (1/4 turns to back)

1—Whip 'n Rock  
2—Rocking Chairs (1/4 turns to front)

## PART B (32 beats)

1—Riverdance with Fancy Double  
1—MJ Turn (to back)

1—Riverdance with Fancy Double  
1—MJ Turn (to front)

## PART A (32 beats)

1—Whip 'n Rock  
2—Rocking Chairs (1/4 turns to back)

1—Whip 'n Rock  
2—Rocking Chairs (1/4 turns to front)

## PART C (32 beats)

1—Double Spider Double (forward)  
1—Around the World Toe Heel Brush (back)  
2—Cabbage Stomps (left and right)

## PART D (32 beats)

1—Vine Brush  
1—Pivot Chain (to back)  
1—Slur Brush

1—Vine Brush  
1—Pivot Chain (to front)  
1—Slur Brush

## PART E (32 beats)

1—Hippity Step  
1—Ida Wrong (turn to back)

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1—Ida Wrong (turn to front)

## PART A (32 beats)

1—Whip 'n Rock  
2—Rocking Chairs (1/4 turns to back)

1—Whip 'n Rock  
2—Rocking Chairs (1/4 turns to front)

## PART B (32 beats)

1—Riverdance with Fancy Double  
1—MJ Turn (to back)

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1—MJ Turn (to front)

## PART E (32 beats)

1—Hippity Step  
1—Ida Wrong (turn to back)

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1—Ida Wrong (turn to front)

## PART C (32 beats)

1—Double Spider Double (forward)  
1—Around the World Toe Heel Brush (back)  
2—Cabbage Stomps (left and right)

## PART A (32 beats)

1—Whip 'n Rock  
2—Rocking Chairs (1/4 turns to back)

1—Whip 'n Rock  
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## PART C (32 beats)

1—Double Spider Double (forward)  
1—Around the World Toe Heel Brush (back)  
2—Cabbage Stomps (left and right)

## STEP DESCRIPTIONS:

### **WHIP 'N ROCK**

XIF  
 DS DS SI Step Dr S RS Clap Clap RS Clap Clap  
 L R R L L R LR LR  
 &a1 &a2 & 3 & 4 &5 & 6 &7 & 8

# FAT MOUNTAIN

## ROCKING CHAIR with CLAPS

CLAP CLAP CLAP  
DS Br H DS RS  
 L R L R LR  
 &a1 & 2 &a3 &4

¼ turn left on the brush

## RIVERDANCE with FANCY DOUBLE

DS H\* S DS H\* S DS DS RS RS  
 L R L R L R L R LR LR  
 &a1 & 2 &a3 & 4 &a5 &a6 &7 &8

## MJ TURN

XIB (F)  
DS DS Rk H\* Pvt S RS DS RS Br Sl  
 L R L R L RL R LR L R  
 &a1 &a2 & 3 & 4 &5 &a6 &7 & 8

## DOUBLE SPIDER DOUBLE

XIF BK XIF BK  
DS Sk Hop TchH S TT Sl Sk Hop TchH S TT Sl DS  
 L R L R RL R L R L LR L R  
 &a1 &2 & 3 & 4 & 5 & 6 & 7 &a8

This step moves forward.

## AROUND/WORLD TOE HEEL BRUSH

IN OUT (Move Back)  
DS Dbl H Dbl H TH TH TH RS Br H  
 L R L R L RR LL RR LR L R  
 &a1 &a 2 &a 3 &4 &5 &6 &7 & 8

## CABBAGE STOMPS

( fwd ) ( fwd )  
DS DS Sto Sto RS Sto Sto RS DS RS  
 L R L R LR L R LR L RL  
 &a1 &a2 & 3 &4 & 5 &6 &a7 &8

## VINE BRUSH

XIF OTS XIB OTS XIF  
DS DS DS DS DS DS RS Br H  
 L R L R L R LR L R  
 &a1 &a2 &a3 &a4 &a5 &a6 &7 & 8

## PIVOT CHAIN

(Turn 180 Left)  
DS RS RS RS  
 L RL RL RL  
 &a1 &2 &3 &4

## SLUR BRUSH

DS Slur Step DS Brush Heel  
 R L L R L R  
 &a1 & 2 &a3 & 4

## HIPPITY STEP

XIF on ROCK  
DS (P) Hop RS (P) Hop RS DS DS DS  
 L L RL L RL R L R  
 &a1 & 2 &3 & 4 &5 &a6 &a7 &a8

## IDA WRONG

Back F XIF XIF OTS XIF XIF F  
Dbl H Br H DS Rk S Rk S DS Rk S Br H  
 L R L R L R L R L R L R L R  
 &a 1 & 2 &a3 & 4 & 5 &a6 & 7 & 8

Turn 180 right to the back starting on count &a6.

## Abbreviations:

Ba = Ball  
 Br = Brush  
 Dbl = Double  
 DB = Double Ball  
 Dr = Drag  
 DS = Double Step  
 H = Heel  
 H\* = Heel takes Weight  
 HB = Heel Ball  
 HD = Heel Dig  
 H/T = Heel/Toe  
 K = Kick  
 (p) = Pause  
 PVT = Pivot  
 Rk = Rock  
 RS = Rock Step  
 S = Step  
 Sk = Skuff  
 Sl = Slide  
 Sto = Stomp  
 Sw = Swing  
 T = Toe  
 Tch = Touch  
 TchH = Touch Heel  
 TH = Toe Heel (same foot)  
 TT = Tap Tip of Toe  
 L = Left Foot  
 R = Right Foot  
 B or BK = back  
 BS = Beside  
 (F) = front  
 (FWD) = forward  
 IB = In Back  
 XIB = cross in back  
 XIF = cross in front  
 OTS = out to side